

Training for Young People

These 2 hour workshops are ideal for a one off activity or as part of a themed session. They can be tailored to any year group from Year 1 to Year 13.

Safer Image Sharing

Live Streaming Awareness

Beginners in Playwork

Basic Life Support (First Aid)

Wellbeing & Resilience

Zentangle

Stress & Anxiety

If there is a course that you are interested in but cannot see it listed, please talk to us as we may be able to design a bespoke course to meet your needs.

> For member and non-member rates or funding advice contact: membership@pro-actionherts.org