



PRO-ACTION



Play Therapy Service

Interventions can be anything from 12 sessions as a minimum, to an academic year of approx. 35 sessions (in some cases more). This is dependent upon the nature of the referral and the associated trauma.

ALL referrals
must be reviewed for
suitability for an intervention
following a Play Therapy Assessment.

Sessions are delivered during term time only in school.

A suitable room to include running water, table and chairs and privacy from oversight will be required. Play Therapy can be noisy and messy, so this also needs to be considered. The room will need to remain consistent throughout the intervention, with no interruptions.

Each session
is a 'therapeutic hour' of
which 45 minutes is time spent
solely in the therapeutic space. Additional
time will be needed to transition the child to and
from their classroom. Costs start from £70 per child.

Our Play Therapists can work with between 1 and 4 children per school day. The therapist will be available for teachers to 'drop in' outside of session times.

As a minimum, a
review meeting will take place
at the end of a term/block of sessions and
written reports at the end of each term or intervention.

Sessions can be funded privately, through Pupil Premium, EHCPs or school budgets. Contact: sue.topping@pro-actionherts.org